

The idea behind the u3a

The u3a is founded on the idea of people with skills and experience gathered through life and work coming together to share those skills and interests. The u3a aims to help members capitalise on this accumulated knowledge. Members are both learners and teachers. The many and varied activity groups depend on mutual support.

Members who are willing and able to convene or lead groups are given support locally and have access to many u3a nationwide resources.

The networks and friendships which develop are invaluable, especially to those who move to the area and/or lose a partner. The local nature of the organisation, together with the fact that members themselves are in control, help to build very strong links within the community.

Overall the u3a seeks to promote the valuable contribution that people can make to the well-being and liveliness of the community.

How to join

Come along to a monthly meeting. This is held on the first Friday of each month except August and December. Meetings start at 2pm, usually in the YMCA, High Street, Brightlingsea.

For more details please contact the Membership Secretary via the website.

More information about Brightlingsea u3a can be found on our web-site at <https://brightlingsea.u3asite.uk/>

The national web-site (u3a Trust) is at

www.u3a.org.uk/



Leaflet updated April 2024

u3a learn,
laugh,
live



Brightlingsea

